

For Children's Sake provides divorcing/separating parents with the necessary skills to protect and shield their children from the impacts of parental conflict.

In this workshop, you'll learn how to:

- Improve communication with your co-parent.
- Focus on your children's needs above all else.
- Develop effective conflict resolution strategies.
- Create a stable and supportive environment for your children.
- Understand the impact of parental conflict on children.

Ready to Take the Next Step?

Virtual or In-Person Meetings

Fee: \$50

- Pre-registrations and pre-payment is required
- This workshop is approved for court-mandated individuals
- It's recommended parties in a custody dispute attend separate sessions





Contact for more info: 757-965-8623

outpatientcounseling@theupcenter.org