

PROMOTING POSITIVE PARTNERSHIPS

Learn essential skills for healthier relationships

Monitor Actions: Become more aware of their impact on others.

Understand Emotions: Better equip yourself to manage your reactions.

Identify Cause: Gain a deeper understanding of your own behavior patterns.

Develop Strategies: Reduce conflict and promote safety in your relationship.

Contact us to take the next step!

Virtual Meetings

Tuesdays | 5:30 pm - 7:30 pm

Fee: \$25 per class | 18 Weeks



**Formerly Called Batterer's Intervention
(approved for Court Mandated Participants)

Register Today!

Contact for more info: 757-965-8623
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