



About The Up Center

For more than 140 years, **The Up Center** has been a trusted nonprofit in Hampton Roads, helping children, families, and individuals reach their full potential.

We provide comprehensive support services in four key areas:

- Strengthening Children and Families
- Expanding Access to Mental Health and Recovery
- Advancing Housing and Financial Stability
- Providing Pathways to Independence

Each year, we help more than **10,000 people across our community** build safe homes, healthy relationships, and brighter futures.

Our Mission

To change lives by providing critical support and services that strengthen children, families, and communities.

Our Vision

A healthy, resilient community where everyone has the opportunity to thrive.



Areas of Focus

Strengthening Children & Families

- Early Childhood Development
- Family Counseling

- Team Up Mentoring
- Foster Care

Expanding Access to Mental Health & Recovery

- Mental Health Counseling
- Substance Use Counseling
- Peer Recovery
- Youth Centered Care

Advancing Housing & Financial Stability

- Housing & Financial Counseling
- Eviction & Foreclosure Prevention

Providing Pathways to Independence

- Representative Payee
- Sponsored Homes

By the Numbers 2025 Highlights

10,000+ children, families, and individuals served across South Hampton Roads

947 youth supported through mentoring and life-skills programs

96% of families avoided eviction or foreclosure

Over \$88,000 in debt reduced

1,157 military & veterans served

2,339 individuals received mental health counseling



Brand Guidelines

Logo Use | Download the Logo Pack (ZIP)

- Always use The Up Center logo in full color when possible.
- Do not stretch, crop, or change logo colors.
- Leave clear space around the logo equal to the height of the letter "U."

PRIMARY LOGO



STYLES



Colors

Primary Colors



Secondary Colors



Accent Colors



HEX #418FDE

HFX #B5BD00



HFX #F5B333



HFX #58267F

HFX #FFF8C7

HFX #F43A95

Fonts MAIN TYPEFACE

LATO

ABCDEFGHIJKLMNOPQRSTUVWXYZ

abcdefghijklmnopgrstuvwxyz 1234567890!£\$%&?@#

SECONDARY TYPEFACE

DINPRO

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 1234567890!£\$%&?@#



Social Media

Follow and tag us:

- Facebook: facebook.com/TheUpCenter
- Instagram: @theupcenterva
- LinkedIn: linkedin.com/company/the-up-center
- YouTube: youtube.com/@theupcenterva

Contact Us

Media Inquiries

For interviews, photos, or event coverage, please contact:

Brittni Cochran, Marketing Manager

brittni.cochran@theupcenter.org | 757-337-3513

Sponsorships

For event or program sponsorships, please contact:

Steven Schwamman-Hayes, Major Gifts Manager

development@theupcenter.org | 757-941-5331 ext. 102

